

# **Hygiene Policy.**

## **Flying Start Pre-School**

**Flying Start** recognises the importance of good hygiene practice for all who attend the setting and role modelling encourages the children to follow.

Flying Start must provide appropriate equipment, cleaning products and protective clothing for staff to use. Staff will be trained and shown the correct procedures to follow and have a copy of all the policies.

### **Toileting/Potty.**

When assisting a child within the toilet staff must wear gloves. Wash their hands between children and replace with clean gloves to prevent cross contamination between staff and children. Encourage children to wash their hands. Potties will be emptied into the toilet and cleaned with anti-bacterial spray and wiped with a paper towel. We will follow procedures set out in the Personal Care and Intimate Care Policy when dealing with the child.

### **Dirty/Wet/ Soiled Clothing.**

Every child is requested to bring in a bag of named spare clothes, however if for one reason or another they have no spare clothes we will provide them with some from our Spare Clothes Cupboard. Dirty/Wet/Soiled clothes will be removed from child, the child will be cleaned and the clothes placed in sealed plastic bag on child's peg and the parent will be informed at the end of the session. We will follow procedures set out in the Personal Care and Intimate Care Policy when dealing with the child.

### **Nappy Changing.**

When changing a child's nappy, staff must correctly pick up the child, using knees and not their back, to place them onto the nappy changing area. (If it is considered that the child is too big to be lifted up, the changing mat can be placed on the floor.) Staff can wear an apron and gloves but to help keep 'one use' plastic to a minimum, staff are given the choice. If gloves are not worn then staff must wash their hands thoroughly between each nappy change. When cleaning a child they must wipe from front to back. Wet nappies must be placed in the bin; soiled nappies must be double bagged and placed directly outside in the main bin. Staff must wash their hands between children and replace clean gloves to prevent cross contamination between staff and children. The changing mat must be cleaned with Anti bacterial Spray and dried with a paper towel between each child. Encourage children to wash their hands. We will follow procedures set out in the Personal Care and Intimate Care Policy when dealing with the child.

### **Food Hygiene.**

Staff will wash their hands before preparing the snack tray using the hand washbasin in the kitchen area. The Snack area will be wiped before the children use it with anti-bacterial spray with the green cloth. The children are instructed to wash their hands before eating and cooking activities. The area must be wiped down after use and all jugs, cups and plates washed up in hot soapy water and placed back on the trolley.

### **Nose Wiping.**

Children will be encouraged to wipe their own noses with tissues and place them in the bin and wash their hands afterwards. If the children need assistance a member of staff will clean their nose and again place tissue in the bin and wash their hands. 'Catch It, Kill It, Bin It', signs are displayed around the setting and at tissues areas. Children are encouraged to cover their mouths and nose when coughing and sneezing and follow appropriate hygiene measures.

Other policies that may overlap with this policy and procedures are:-

Personal Care and Intimate Care Policy.

| <b>This policy was adopted on</b> | <b>Signed on behalf of the nursery</b> |
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| <i>26/01/2024</i>                 | <i>Sarah Maynard</i>                   |